



HEALTHY SEXY MEN



Regardless of who you are, how old you are, how you identify or whether you are HIV positive or HIV negative – *you are* and *can* continue to be a healthy, sexy man!



Callen-Lorde is committed to protecting and improving the sexual health of all men in our community. We understand the importance of a full and satisfying sex life. We'll help you:

- Reduce your risks – without being judgmental
- Meet your comprehensive health needs – whether you are HIV positive or negative and regardless of your ability to pay
- Obtain routine and preventive sexual health care

Callen-Lorde
Community Health Center
is sex positive!





Sex is a natural part of life.

At Callen-Lorde, we know that knowledge is key to a happy and healthy sex life. We also know that taking care of your sexual health means making well-informed decisions about when and how you have sex.

It also means empowering yourself with knowledge about HIV and sexually transmitted infections (STI's) so that you know how to:

- Prevent them
- Recognize their symptoms
- Access treatment if necessary.

This brochure outlines the various prevention, testing, treatment, and counseling services available at Callen-Lorde Community Health Center.



Sexual Health Clinic

Callen-Lorde's Sexual Health Clinic provides screening, counseling and treatment for the following STI's: syphilis, gonorrhea, chlamydia, parasites, hepatitis, herpes, crabs, scabies, and genital or anal warts (HPV). And HIV rapid testing is also available upon request.

Our counselors and medical providers are trained to address all of your questions and concerns regarding your sexual health in a supportive, non-judgmental environment.

If you would like to schedule an appointment, call 212-271-7200 and be sure to ask for our Sexual Health Clinic -- you don't have to be a regular patient. If you are a patient of Callen-Lorde, talk to your medical provider about accessing these services.

Visit our website at www.callen-lorde.org



HIV Testing and Counseling

Our highly trained and sensitive counselors can help you prepare for testing and support you regardless of the result.

If you are HIV negative, we'll help you stay that way. If your results are positive, we'll help you cope with the diagnosis and guide you through the process of accessing health care so that you can keep yourself healthy.

We use a rapid HIV test, which means you can get your test result while you wait, eliminating the normal long wait for results.

If you've recently been diagnosed with an STI you may be at greater risk for HIV.

If you think you might want to take the test – or if you aren't sure you're ready – our counselors will help you make a decision that is right for you.

Our counselors understand that it isn't always easy to practice safe sex in every situation, every time.



Testing and Treatment for Sexually Transmitted Infections (STI)

Symptoms of many STI's often go unnoticed. If you are sexually active, it is important to be routinely screened by a medical provider. For example, the early stages of syphilis may present no symptoms -- meaning a person may be infected and possibly pass the infection to others without knowing.

If untreated, serious long-term health complications can occur. Having syphilis also dramatically increases the likelihood of contracting HIV.

The good news is that syphilis, like many other common STI's, is easily prevented and is curable with treatment.



Party Drugs and Alcohol

Using drugs or alcohol is ultimately your own choice. If you feel like substance use has become an issue for you, talk to one of our counselors - they'll listen and direct you to the right resource for any help you might need.

Alcohol or party drugs before or during sex may increase your risk of contracting HIV or an STI.

Hepatitis A & B Vaccinations

Hepatitis A & B are serious liver diseases that are transmitted in ways similar to HIV transmission. Fortunately safe and effective vaccinations are available.

We strongly recommend that sexually active men be vaccinated for Hepatitis A & B.

A Callen-Lorde medical provider will help you determine which of these vaccines is best for you.

If you are a sexually active man who has sex with other men, you are at increased risk for both hepatitis A & B.



To schedule an appointment call 212 271-7200 or visit our website for more information at www.callen-lorde.org.

Callen-Lorde Community Health Center

is New York City's only medical and mental health center dedicated to serving the lesbian, gay, bisexual, and transgender communities. We understand the health issues facing our communities because we are part of the community.

Our services include:

- HIV Counseling & Rapid HIV Testing
- Sexual Health Clinic - STI Screening and Treatment
- Primary Care / General Medicine
- HIV/AIDS Care
- Adolescent and Young Adult Health Care (13 to 21 years old)
- Lesbian Health Care and Gynecological Services
- Transgender Health Care
- Mental Health Services (counseling and psychiatry)
- Oral Health Clinic (direct line - 212 271-7152)
- Health Education Resource Center (direct line -212 271-7287)

Callen-Lorde accepts Medicaid, ADAP, Medicare, most private insurances. Sliding fee scales are available for low-income people without health coverage. All services are provided regardless of ability to pay.